

how to have a

GILMORE

Discover tips for bringing charm from the quintessential autumn show into your own fall adventures

girls fall

study

1. find a cozy spot

Whether your bedroom, a library or outdoors surrounded by fall foliage.

2. create a study schedule

Block out chunks of time to dedicate to different subjects.

3. eliminate distractions

Silencing notifications enhances productivity.

4. snacks and drinks

Nuts and fruit will keep you energized while you work.

5. set the mood with music

Create a study playlist for better focus and a cozy atmosphere.

6. take breaks

Don't forget to step away and recharge your mind.



fall walk

1. map your route

Explore a pumpkin patch or your neighborhood.

2. dress for comfort

Wear layers that will keep you warm while you explore.

3. take in the sights

Lookout for wildlife, unique plants and beautiful autumn leaves.

watch party



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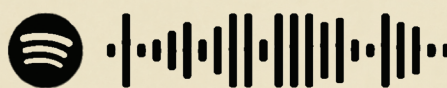
- 1. select a fall-themed movie**
Examples include *Gilmore Girls*, *Little Women* and *Charlie Brown*.
- 2. invite friends**
To enjoy the viewing experience together and create community.
- 3. dress comfortably**
Wear pajamas, sweats, a cozy sweater, comfy socks or other soft clothing.
- 4. make cozy setting**
Arrange pillows and blankets to snuggle up while watching.
- 5. prepare snacks**
Whip up your favorite fall treats to enjoy.



fall playlist

- 1. choose a theme**
Find inspiration: think cozy, warm or vintage.
- 2. explore varied genres**
Indie, neoclassical, soft pop or R&B give chill vibes.
- 3. use it!**
Playlists are perfect for studying, relaxing, walking or hosting listening parties with friends.

C Mag's Spotify playlist



- 1. warm tones**
Choices include beige, yellow shades, orange shades, red shades, pinks and browns.
- 2. wear layers**
Don sweaters, jackets and blazers over your favorite shirts to keep warm.
- 3. accessorize**
Hats, gloves, scarves and fun socks add a stylish touch to outfits.
- 4. footwear**
Opt for comfy boots, sneakers or platform shoes such as Doc Martens or Uggs.
- 5. try different bottoms**
Swap out shorts for long skirts, trousers, khakis or oversized sweatpants for a cozy change.

fashion